

## Family Mediation

Family mediation is a voluntary process where an independent, professionally trained mediator helps separating couples find solutions to issues that arise as a result of divorce or separation. Typically family mediation involves the participants meeting together in the same room (either in person or online) with a mediator.



### Hybrid Mediation

A hybrid mediator will only share information between the participants which they have been authorised to disclose. This means that hybrid mediators can have separate, confidential meetings with each participant to help find solutions. The participant's lawyers, where instructed, usually have a more active role in the process.



### Co Mediation

Two mediators work together with the participants to help them resolve matters. The mediators are often from different professions (e.g. law, therapeutic, financial) and/or different genders.

## What are the different Family Mediation models?

### There are different models of mediation available.

In all models of family mediation the mediator will discuss when it might be helpful to involve other professionals as part of the mediation process, e.g. example accountants, surveyors, independent financial advisers, family consultant, independent social workers.



### Child Inclusive Mediation

A specialist mediator speaks to the children to ascertain their wishes and feelings to give them a chance for their voice to be heard. Where the children give permission, these wishes and feelings are then shared by the mediator with the parents in a separate feedback meeting. The parents can then use this information to help them work out the child arrangements moving forwards.



### Shuttle Mediation

The participants are placed in separate rooms and the mediator 'shuttles' between them, to try to help them reach an outcome.